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Summary of Water Sanitation & Hygiene/Birth Life Saving Skills Training Project
January - October 2014

Women in Afghanistan are often in the traditional role of a mother and house wife. They are a vital influence on habits and routines in their homes. The WASH Team is dedicated to educating women and their families on how to stay healthy. We provide them with basic knowledge about deadly bacteria and germs. Survey results show a 40-60 % decline in diarrhea in villages where women have taken the Water Sanitation and Hygiene Training. This is the result of safer disposal of feces and improved hand washing habits in the communities.



Women in Balkh Province, Water Sanitation Training

Children also receive WASH Training





Men are being trained in Water Sanitation & Hygiene

Bio Sand Filter installed in a home



Many of these families are for the first time, enjoying a reliable source of clean well water, proper latrines and home installed biosand filters that provide a continuous supply of safe water.



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Young Boys listening into their parents Hygiene Session

from Langhar Khana Village, is one of the training participants narrated his story:

"It was last year and we had brought our drinking water from the pool and stream and my three children had always bloody diarrhea and the cash that I have earned from the daily wages were spent for doctor fees and medicines. Then after participating in the hygiene training, we finally understood that the cause of diarrhea of my children was drinking unsafe water. Now we boil water for our children under ages of 5 years old and our adults are using hand pump water. Amazingly our children are cured from diarrheal diseases."



Newly Set Up Hand Washing



Children Enjoying a New Well



Water from Canal vs Biosand Filter

said;

" When the Taliban attack came we fled to Chemtal village west of Mazar-e Sharif. My baby was almost 7 months old when he became sick with diarrhea. He soon turned very weak and I didn't have any useful information to help him, therefore, he died after 40 days . I wish I could have learned these lessons before. I would have prevented his diarrhea and saved my baby's life."



"Before we never washed our hands with soap and thought the water from the well was clean even if it was open. We didn't know that when a well is open it can become contaminated. There are many open pit latrines in our village and we didn't think about the feces. There is also a drainage that crosses through the same open latrines and much of the garbage the families throw away goes in this drainage. Many of the people in the village use that same water for drinking. We didn't know about worms and germs. We will do all that we have learned in this course when we get home. We are happy about the information and we are thankful for this kind of program for the women. We hope that the program continues to expand to help us have healthy children, families and communities. "

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Hand Washing Stations also known as Tippy Taps

TOTAL participants: 1640

Men Trained in Hygiene	
Total Number of Men under 18 years of age:	427
Total Number of Men over 18 years of age:	137
Men under 18 years & over 18 years of age (TOTAL):	564

Women Trained in Hygiene	
Total Number of Women under 18 years of age:	830
Total Number of Women over 18 years of age:	172
Women under 18 years & over 18 years of age (TOTAL):	1002

Women Trained in BLiSS	
Total Number of Women under 18 years of age:	43
Total Number of Women over 18 years of age:	31
Women under 18 years & over 18 years of age (TOTAL):	74

shared after one Bliss lesson:

"One day I went to the hospital with my baby for vaccination. I saw there a mother with her newborn who was feeding the baby with a bottle. I told her not to feed her baby with the bottle and milk powder as it is dangerous for the baby. The bottle can have a lot of microbes and can make the baby very sick; this is what I learned in a lesson. The woman thanked me and said:" I didn't know anything about microbes. "After sharing this said that she is very thankful for this lesson. In the past I made a lot of mistakes but now I learned a lot."

